

THE COMMONWEALTH ATHLETICS PROGRAM

The goal of Commonwealth's athletics program is to provide a variety of programs at both competitive and noncompetitive levels. Commonwealth considers athletics an important part of the overall educational experience at the school. Sports can provide a student with a sense of pride and accomplishment through the hard work and competitive spirit that the athletic arena provides. Commonwealth's athletics program seeks to complement the school's rigorous and rewarding classroom experience.

All sports meet on Monday, Wednesday, and Friday afternoons. All students are required to participate in a minimum of two athletic seasons each year. This requirement should be completed in the fall and winter seasons. The spring season is available on a voluntary basis, and it is the athletic department's hope that the students will take advantage of the sports offered during this time.

There are a number of legitimate reasons for a student to be excused from participation on a given day*:

- A) absence from school
- B) leaving school early because of illness
- C) observance of a religious holiday
- D) injury
- E) doctors and dentist appointments

*It is expected that students and their parents will do their best to avoid scheduling conflicts. Students with more than three excused absences in a season may be required to make up these absences in the spring season.

It is the student's responsibility to let the Commonwealth Sports Director and the Front Office Administrator, Lauren Alverson, know in a timely fashion why he or she was absent and provide a note or email from a parent if the absence was due to an outside commitment.

Except in special cases, absence for any reason other than those listed above will be considered an unexcused absence. A student with more than one unexcused absence in a sport season will lose credit for that season, and will be expected to complete the year's sports requirements in the spring season.

Satisfying the annual athletic requirement is a prerequisite for progressing to the next grade. A senior who has not satisfied this requirement will not receive a diploma. It is possible to take an independent sports credit under certain conditions. The athletics director will provide further information upon request.